

Bucks Older Peoples Action Group Meeting 2023 AGM

26th May 2023 at Christ the Servant King, Sycamore Road, High Wycombe

Attendees:

Alan Barnard – BOPAG Chairman Marlow bottom Valley Plus

Paula Watts – BOPAG Administrator

David Whittaker – BOPAG Vice Chairman

Phil Folly – COPAG Chesham Over 50's Positive Action Group

Barbara Richardson – COPAG

Sheila Keatridge – LEOPAG

Peter Lipman – STOPAG

Mrs Lipman – STOPAG

Wendy Healey – Signature Beaconsfield

Karoline Lamb – Chalfont ST Giles 60+

Marian Mulady

Caroline Raimbach - Bucks Council

Karen Blagojevic – Horizon Rehabilitation

Marrilyn Green – Hub Care Support

Larissa Goff – Hub Care Support

Pie-Ling Harper – Bucks and Surrey Trading Standards

Apologies:

Jane Osborn - LEOPAG

Chris Stanners- (Dignity Champion)

Rosalind Shorrocks – Age UK

Joe Boake - Hughenden Gardens Village

Janet Kenny

Leonie Cowlard - Christ Church Families Support Worker

- 1. Introduction Alan Barnard welcomed everyone to the meeting, thanked them for coming. He then asked everyone to fill out the contacts form and that the meeting would be recorded and informed the group that the AGM be held at the end of today's meeting. Alan then introduced our main Speaker Pei-Ling Harper from Buckinghamshire and Surrey Trading Standards.
- **2. Speaker** Pei informed the group of her credentials and then talked to the group about phone scams and what to do to avoid them. She explained the benefits of having a call blocker and how it operates, and a healthy discussion followed about various current scams. Pei had to leave early but asked if she could revisit at a later date.
- **3. Questions and Answers -** followed regarding personal experiences of scams and Pei gave helpful suggestions on where to get help.

4. Notices – Hub Care Support; Marrilyn Green spoke to the group about how her organisation started and informed us of the services they offer. Larissa Goff followed by explaining the process and procedures of booking support.

Horizon Rehabilitation; – Karen Blagojevic informed the group of the services that Horizon Rehabilitation offer and the benefits of having their support. A healthy discussion followed.

- 5. Matters arising from last meeting no discussion required
- **6. AGM** Alan introduced the AGM and explained that he was acting as Treasurer until we find someone to replace Stuart Smith following his untimely death. Minutes of the AGM meeting 20th July 2022 were sent to all members prior to meeting via email. All agreed.

Election of Officers – The incumbent officers were unanimously re-elected as follows.

Alan Barnard – Chairman David Whittaker – Vice Chairman Paula Watts - Administrator

Treasurers Report –AB presented the financial report for 2022-23. Healthy position with grants gained from Bucks Council, the Clare Foundation, and the Rothschild Foundation. He then explained in order to qualify for further grants the management of the BOPAG group should register as a Charity. Nothing much will change other than the reporting of facts and figures and we now need to be a lot more professional on this. He asked for any comments or concerns from the group. Everyone in agreement. We will have to have a board of trustees to oversee the whole Group and David Whittaker will be taking on the role of administering the changeover. We are investigating looking for another person to assist with all administration and accounting as PW as the magazine which takes up a lot of time. Karoline Lamb offered to help with the accounts as she is a registered Accountant. Alan accepted her offer gratefully. He asked for any other comments. COPAG asked if it would affect the other groups affiliated with BOPAG. AB explained that they will still be covered by our insurance. AB asked of there were any further comments.

Alan then asked everyone present to introduce themselves to the group and to give any relevant updates.

- **7. Any Other Business –** GYFDSD (Golden Years Free Dementia Support Day) Updated on the event 1st September High Wycombe. Looking for a dementia Choir and exhibitors regarding Dementia Support. More information to follow.
- 8. Meeting dates Next meeting Friday 28th July 10am
- 9. Networking in the foyer

The meeting closed at 12.15hrs