



Bucks Older Peoples Action Group Meeting November 16th 2022 Minutes

at Christ the Servant King, Sycamore Road, High Wycombe

Attendees:

Alan Barnard – BOPAG Chairman Marlow bottom Valley Plus (AB)
Paula Watts – BOPAG Administrator (PW)
David Whittaker – BOPAG Vice Chairman (DW)
Stuart Smith (CSPA) BOPAG Treasurer) (SS)
Trudi Scrivener – Ashridge Home Care (TS)
Vicky Perkins – Bucks Health Trust (VP)
Karoline Lamb – Chalfont St Giles 60+ fitness and social club (KL)
Janet Kenny – OASIS (JK)
Marian Mulady – Local resident (MM)
Linda Richards – BFAB (LR)
Hannah Munn – The 50+ Group (HM)
Ros Shorrocks – Age UK Bucks (RS)
Michelle Bewley – ARC Bucks PCN (MB)
Jane Osborn - Lane End OPAG (JO)
Elizabeth Aylward – PROBUS (EA)
Phil Folly – Chesham OPAG (PF)
Barbara Richardson – Chesham OPAG (BR)
John Betts – STOPAG Stokenchurch (JB)
Frank Carrie – Local resident (FC)
Joe Boake – Hughenden Gardens Village (JB)
Brian Bolton – DAM (BB)

Apologies:

Mike McDonald – Audley Retirement
Sue Stuart – Memory Partners
Stephanie Moffat – Bucks Council Public Health
Simon Meredith – Buckingham Lodge
Jan Sambrook – DAM
Pie Ling Harper – Trading Standards
Sandi Kemp – ASC South
Chris Stanners- (Dignity Champion)
Natalie Judson – Bucks Council
Annette Alvis – local resident

1. Alan Barnard welcomed everyone to the meeting and went through the Health and Safety procedures. Alan then introduced our first Speaker Vicky Perkins who is the Deputy Director of Integrated Services in the Community from Bucks Health Trust. Vicky informed us of current practices in place to support people at home and keeping them healthy and safe. Q&A followed.

AB asked about the eye screening potentially taking place at the Marlow Hub. Vicky confirmed it would be available shortly at that site as currently at Windsor.

KL mentioned the services in Amersham as being particularly useful.

BB asked about the Admiral Nurses support for people living with dementia. Bucks is the only county without one. Can we have it in the next budget and what is the plan? VP replied she would look into it and see what she can find out.

AB mentioned that the Parkinson's Practitioner at the Marlow Hub is an impressive set up. VP keen to put the right services in the right places.

MM mentioned bed blocking, lack of district nurses and Marlow Cottage Hospital being a big loss to the area. Very few people know about the Hub.

LR mentioned we have to look at the whole county not just Marlow.

JK mentioned her concerns about people on their own who have no support and a shortage of volunteers to help.

VP replied that she understands the frustrations and that they are trying to make changes to support the county.

2. Main Speaker Trudi Scrivener from Ashridge Home Care. Trudi mentioned her 30yrs in the Care sector was the reason for setting up Ashridge Home Care. She went on to inform us of the benefits of home care; visiting care, respite care and living in care and the affordability of it as an option, rather than having to sell your home to pay for residential Care Homes.

3. Q&A followed. (See link at the end for more information on Ashridge)

4. Notices –Michelle Bewley – Michelle mentioned the Talking Café's and updated us on the training available for community connectors and they are looking for people to sign up as volunteers. She informed us of the surgeries in the Bucks area the social prescribers cover and will give PW a list to add to the Hoot.

5. Matters arising from last meeting – PW mentioned the notes from the last meeting from David Croisdale Appleby are now on the website.

6. Treasurers Report – SS - Finances are all looking healthy due to new sources of funding acquired by PW. Just over £17K and some additional advertising income expected too. PW mentioned funding was awarded to fund the Hoot magazine in particular as it had become so popular, and correspondingly more expensive. DW explained the background of how the Hoot has grown and how the funds were needed to keep it going. SS mentioned the reserves policy and explained how it works.

Alan then asked everyone present to introduce themselves to the group and to give any relevant updates.

7. Any Other Business – A list of entertainers would be helpful for all groups to access. PW to try to set one up.

8. 2023 Meeting dates - face to face meeting Wednesday January 18th, 2023, 10am Funding Speaker booked. Last Wednesday meeting, all meetings after will be on a Friday.

The meeting closed at 12.00 hrs

<https://www.ashridgehomecare.co.uk/why-it-is-never-early-to-start-planning-for-your-future-care/>