

## HOW TO MAKE A FACE MASK

### What you need

2 rectangles of fabric both measuring 9 inch X 6 inch rectangles of fabric for adult or 7.5 inch X 5 inch for child

2 pieces of 1/8 inch flat elastic (cord elastic or beading elastic may also be used). Suggested lengths: 7 inch for a man; Women and teens might get a better fit with 2 x 6 1/2 inch pieces

Place the right sides of the fabric together. This photo shows where the elastic is placed on each end. Image 1

Instead of pinning the elastic, it was simple to place it in as you sew around the outside edge of the fabric. If using cord or beading elastic tie a knot in the ends. In this case, the knot will hang outside of the edge of the corner when you sew around. Image 2

Stitch all the way around leaving an about a two-inch in the opening along one of the long sides. The pins mark my opening in the photo. We used a 1/8 – 1/4 inch seam allowance. Image 3



Image 1



Image 2



Image 3

Turn right side out and press. Image 4

Make three pleats on each end. Pin. Just eyeball the placement. Make sure the pleats are going the same direction on each side. Image 5

Stitch all the way around the masks twice. Image 6



Image 4



Image 5



Image 6

*This pattern has been shared by the [www.turbanproject.com](http://www.turbanproject.com) based in the US and doing amazing work providing free masks. There are plenty of other examples and designs on the internet.*